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ASSIGNMENT BOOKLET B

CMH3030

Community Health 3030: Section 3 Assignment

FOR STUDENT USE ONLY

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Teacher

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Career & Technology Studies

Assignment Booklet B

Aging
CMH 3030

Learning Technologies Branch

Alberta LEARNING

FOR TEACHER'S USE ONLY

Summary

	Total Possible Marks	Your Mark
Section 3 Assignment	40	
	40	

Teacher's Comments

This document is intended for	
Students	✓
Teachers	✓
Administrators	
Parents	
General Public	
Other	

Community Health 3030
Aging
Assignment Booklet B
Learning Technologies Branch
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ASSIGNMENT BOOKLET B
COMMUNITY HEALTH 3030—AGING

Your mark on this course will be determined by how well you do your assignments.

Work slowly and carefully. If you are having difficulties, go back and review the appropriate section.

There is one section assignment in this Assignment Booklet. The total value of this assignment is 40 marks. The value of the assignment is stated in the left margin.

You may do your rough work on your own paper.

Be sure to proofread your assignment carefully.

40

Section 3 Assignment: Resources, Careers, and an Action Plan

Read all parts of your assignment carefully and record your answers in the appropriate places.

14

1. In Activity 1 of Section 3, you investigated resources available in your community for senior citizens. Your assignment here is to select **two** such resources, research them, and report your findings. In your report, you should do the following for each resource:

   - identify the resource
   - describe the principal programs, facilities, services, and so on it offers older people in the community
   - assess the effectiveness of this resource in meeting the needs of the people it is designed to serve

   In doing Activity 1, you have already investigated some of the resources for older people offered in your community. To complete this assignment, you'll have to dig a bit deeper. Your research may involve making phone calls to organizations in your area, speaking with older people you know who make use of these resources, reading any literature you can uncover on these resources, and perhaps even visiting some facilities.

You can write your report in the space provided here or do it on computer and firmly attach the print-out, fully and clearly labelled, to this Assignment Booklet.

Resource 1

Name of Resource:

Programs, Services, and Facilities:

Assessment of Resource:

Resource 2

Name of Resource:

Programs, Services, and Facilities:

Assessment of Resource:

(14)

2. In Activity 2 of Section 3, you were told that one of your assignment questions would involve completing a career profile for one occupation or career area dealing with older members of our community. Activity 2 explains how to go about researching and completing your career profile, and it gives you examples of careers that you might consider investigating. But remember, some jobs deal with senior citizens more directly than others; so if you aren't sure whether the occupation you're interested in comes close enough, check it out with your teacher before doing your research.

   What follows is a career-profile chart. Fill in this chart with the information you were able to gather while doing your research.

	CAREER PROFILE
Job Title	
Education	
Skills and Aptitudes	
Functions/ Responsibilities	
Working Conditions	
Salary Range	
Pros and Cons	
Resources Used for Research and Future Reference	

(12) 3. In Activity 3 of Section 3, you worked at developing a personal action plan focusing on **two** areas that should help you prepare for healthy aging. Your last assignment question is to present your action plan in the charts provided here.

	PERSONAL ACTION PLAN: FOCUS 1
Focus Area (Strength or Concern)	
Short-Term Goals	
Long-Term Goals	
Plan of Action	
Resources	
Rewards	
Implications for Self	
Implications for Family	
Implications for Community	

	PERSONAL ACTION PLAN: FOCUS 2
Focus Area (Strength or Concern)	
Short-Term Goals	
Long-Term Goals	
Plan of Action	
Resources	
Rewards	
Implications for Self	
Implications for Family	
Implications for Community	

LRC

Community
Health 3030
Assignment Booklet B

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